

Georgia Community Paramedicine Conversations & Voices

ECHO

The purpose of the **Georgia Community Paramedicine Conversations & Voices ECHO** is to provide continued learning opportunities to Community Paramedicine Professionals around the state. This ECHO is tailored to increase Community Paramedics' understanding of specifics they may encounter in the field such as motivational interviewing, social determinants of health, care of the dying patient, and provider compassion fatigue. Community Paramedics are encouraged to attend to increase their networks of support with peers and subject matter experts.

ECHO SESSIONS: JANUARY - OCTOBER 2024, 1:00PM - 2:00PM VIA ZOOM

JANUARY 16, 2024

Social Determinants of Health

Presenter: Megan Ratcliff, PhD, MPH

- Identify social factors that impact the health and well-being of people (e.g. education, income, and socioeconomic status)
- Understand the ways in which the communities that we live in impact population health

FEBRUARY 20, 2024

Introduction to Motivational Interviewing

Presenter: Megan Ratcliff, PhD, MPH

- Elaborate on how the spirit and principles of MI fit within person-centered care
- Recognize the core tasks and skills of MI

MARCH 18, 2024

Provider Compassion Fatigue & Wellness

Presenter: Donald Carter III, DBe, MDiv, MBA

- Identify the difference between Compassion Fatigue and Burnout
- Identify ways and resources to address the emotional and traumatic aspects of both experiences

APRIL 15, 2024

Resisting the Righting Reflex

Presenter: Megan Ratcliff, PhD, MPH

- Identify what the righting reflex is and how it can negatively impact patients
- List several strategies to counteract the righting reflex

MAY 20, 2024

Skills of MI: Open-ended Questions, Affirmations, Reflections, Summaries (OARS)

Presenter: Megan Ratcliff, PhD, MPH

- Differentiate between closed and open-ended questions and the responses from patients that they elicit
- Appreciate how reflections allow patients to engage more fully in their care

JUNE 17, 2024

Skills of MI: Complex Reflections, Unpacked

Presenter: Megan Ratcliff, PhD, MPH

- Differentiate between simple and complex reflections
- List five different types of complex reflections

JULY 15, 2024

Care of the Dying Patient & Caregiver Grief

Presenters: Paul Byrd, MDiv, BCC and Kristen Pierce, MDiv

- Reflect on end-of-life issues encountered by EMS
- Review end-of-life responsibilities and reflect on care giver grieving

AUGUST 19, 2024

Stages of Change & the Tasks of MI: Working with People Where They Are

Presenter: Megan Ratcliff, PhD, MPH

- Understand how the Stages of Change model and the tasks of MI align
- Identify different objectives for working with patients depending on their level of motivation

SEPTEMBER 16, 2024

Georgia Office of EMS & Trauma Updates

Presenter: Daniel Warren

- Detail an overview of Community Paramedicine Program statistics for Georgia
- Discuss past, present and future Community Paramedicine Programs in Georgia

OCTOBER 21, 2024

Managing Ambivalence

Presenter: Megan Ratcliff, PhD, MPH

- Appreciate how common ambivalence is when considering change
- Identify strategies to help patients move from ambivalence to action

FREE CONTINUING EDUCATION

EMS: This course has received Georgia Office of EMS and Trauma approval for continuing education credit.

Nurses: The Georgia Board of Nursing deems Southwest Georgia Area Health Education Center (SOWEGA-AHEC) as an approved provider for nursing continuing education (CE). Each activity is approved for 1.0 contact hour towards the continuing education competency requirement for Georgia nursing licensure renewal. Activity Numbers: 2024-01 to 2024-10. No partial credit offered.

**Main Presenter:
Megan Ratcliff
PhD, MPH**



Dr. Ratcliff received her MPH in Behavioral Science at Emory University School of Public Health and her PhD in Clinical Psychology at University of Georgia. Since becoming a member of the Motivational Interviewing Network of Trainers (MINT) in 2014, she has provided motivational interviewing trainings and workshops throughout the community, with clients including United Way of Atlanta, Georgia Psychological Association, Children's Healthcare of Atlanta, Best Friends Animal Society, HomeTown Health, Plant-Based Juniors, and SOWEGA-AHEC. Her professional mission is to help people to navigate change and growth so that they can live in alignment with their values.

FREE

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