

The purpose of the **Georgia Community Paramedicine Conversations & Voices ECHO** is to provide continued learning opportunities to Community Paramedicine Professionals around the state. This ECHO is tailored to increase Community Paramedics' understanding of specifics they may encounter in the field such as motivational interviewing, managing ambivalence, and combatting burnout. Community Paramedics are encouraged to attend to increase their networks of support with peers and subject matter experts.

## ECHO SESSIONS: JANUARY - OCTOBER 2025, 1:00PM - 2:00PM VIA ZOOM

### JANUARY 21, 2025

#### What is Motivational Interviewing? A Brief Primer

*Presenter: Megan Ratcliff, PhD, MPH*

- Elaborate on how the spirit and principles of MI fit within person-centered care
- Identify the core skills of MI

### FEBRUARY 17, 2025

#### New Ways of Asking to Get Better Answers

*Presenter: Megan Ratcliff, PhD, MPH*

- Explore alternative ways of asking common closed-ended questions
- Identify questions that help patients move in the direction of change

### MARCH 17, 2025

#### Caring for Ourselves

*Presenter: Denise Kornegay, MSW*

- Understand the impact of compassion fatigue on individual health
- Articulate strategies to address and mitigate compassion fatigue

### APRIL 21, 2025

#### Encouraging Motivation to Change: Am I Doing this Right?

*Presenter: Megan Ratcliff, PhD, MPH*

- Self-assess current practice to determine consistency with MI principles
- Identify opportunities to expand current practice

### MAY 19, 2025

#### Elder Abuse Prevention & Resources

*Presenter: Paul Byrd, M.Div. BCC*

- Pending learning objectives

### JUNE 16, 2025

#### Tools of the Trade: Rulers, Agenda Mapping, and Ask-Tell-Ask

*Presenter: Megan Ratcliff, PhD, MPH*

- Explore application of MI-consistent tools in current practice
- Explain how Ask-Tell-Ask increases patient engagement

### JULY 21, 2025

#### De-escalation of Home/Family Issues

*Presenter: Coming Soon!*

- Pending learning objectives

### AUGUST 18, 2025

#### Listening for Change Talk

*Presenter: Megan Ratcliff, PhD, MPH*

- Name subtypes of change talk
- Practice identifying and reflecting on change talk

### SEPTEMBER 15, 2025

#### Recognizing Readiness and Evoking a Change Plan

*Presenter: Megan Ratcliff, PhD, MPH*

- Identify ways to assess readiness for change
- Explore strategies for helping patients create effective change plans

### OCTOBER 20, 2025

#### Georgia EMS & Trauma Update

*Presenter: Daniel Warren*

- Detail an overview of the Community Paramedicine statistics for Georgia
- Discuss past, present, and future Community Paramedicine Programs in Georgia

### FREE CONTINUING EDUCATION CREDITS

**EMS:** This course has received Georgia Office of EMS and Trauma approval for continuing education credit.

**Nurses:** The Georgia Board of Nursing deems Southwest Georgia Area Health Education Center (SOWEGA-AHEC) as an approved provider for nursing continuing education (CE). Each activity is approved for 1.0 contact hour towards the continuing education competency requirement for Georgia nursing licensure renewal. Activity Numbers: 2025-08 to 2025-17. No partial credit offered.

**Main Presenter:**  
**Megan Ratcliff**  
**PhD, MPH**



Dr. Ratcliff received her MPH in Behavioral Science at Emory University School of Public Health and her PhD in Clinical Psychology at University of Georgia. Since becoming a member of the Motivational Interviewing Network of Trainers (MINT) in 2014, she has provided motivational interviewing trainings and workshops throughout the community, with clients including United Way of Atlanta, Georgia Psychological Association, Children's Healthcare of Atlanta, Best Friends Animal Society, HomeTown Health, Plant-Based Juniors, and SOWEGA-AHEC. Her professional mission is to help people to navigate change and growth so that they can live in alignment with their values.

**FREE**

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