



## STRATEGIC NATIONAL STOCKPILE DISASTER MENTAL HEALTH TRAIN THE TRAINER

The Georgia Department of Behavioral Health and Developmental Disabilities, in partnership with the Georgia Department of Public Health, is offering free training in Strategic National Stockpile Disaster Mental Health Train the Trainer.

The activation of Georgia's Strategic National Stockpile Program (SNS) may cause stress in all persons involved. Therefore, it's essential for SNS planners to include disaster mental health (DMH) services in their plans. It's also important for responders to be familiar with disaster mental health and how they can implement strategies to reduce the stress associated with SNS activation.

Georgia's Strategic National Stockpile Disaster Mental Health course is designed to teach participants to identify the signs and symptoms of stress, strategies to provide self-care, support peers/co-workers, and provide disaster mental health services for the public during SNS activation.

**Goal:** At the end of this course participants will have the knowledge, skills and resources that will enable them to provide Georgia's SNS DMH training to their staff and volunteers.

**Objectives:** At the end of this course participants will be able to

- Describe the basic concepts of Georgia's Strategic National Stockpile Disaster Mental Health Training
- Identify disaster mental health referral resources
- Prepare and deliver Georgia's SNS DMH training

**Target Audience:** The target audience for this course is DPH State and District Emergency Preparedness staff and volunteers.

**Course Design:** The first half of the course will be training in the basic level SNS DMH course. After lunch, participants will become familiar with the SNS DMH Facilitator's Guide and other material they can use when teaching the class to their District staff, volunteers and community partners. **Lunch will be provided.**

Date	Time	Location
Wednesday, August 22, 2018	9:00 AM – 3:00 PM	Dougherty County Health Dept. 1710 South Slappey Blvd. Albany, GA. 31701

**Registration:** <https://www.surveymonkey.com/r/ZCPM3XZ>