



THIS HOUSING IS PROVIDED TO YOU by TIFT REGIONAL MEDICAL CENTER

Questions? Please contact SOWEGA-AHEC: 229-439-7185 / Hours: M-F (8:00am – 5:00pm)

HOUSING SITE	Tyson House	1607 Tyson Avenue Tifton, GA 31794
ACCOMMODATIONS	Co-ed housing 3 bedrooms (twin beds) 1 bathroom	



1607 Tyson Avenue

ARRIVAL INFORMATION

KEY PICK UP LOCATION	Report to Tift Regional Medical Center (Security Office) to pick up your housing keys. The Security Office is located in the brick building across from the ER entrance. The sign on the brick building reads “Diabetes Education”.
-----------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

AHEC HOUSING POLICY

HOUSING POLICY	By accepting AHEC housing support, you are agreeing to abide by the Student Housing Agreement & Policy. Violations may inhibit your using our housing in the future.
INSURANCE POLICY	SOWEGA-AHEC is not responsible for your personal property while it is on the premises.
KEY LOCK OUT POLICY	Contact the Security Office at Tift Regional Medical Center to regain admittance: 229-353-7727
MAINTENANCE POLICY	It is your responsibility to notify Greg Wood (229-353-6826) regarding maintenance issues. For after hour emergencies, please call the TRMC Security Office at 229-353-7727.
EMERGENCY CONTACT	Call 911

DRIVING DIRECTIONS

DIRECTIONS FROM ATLANTA:	<p>Tift Regional Medical Center, 901 E 18th Street, Tifton (229-382-7120)</p> <ul style="list-style-type: none">▪ Take I-75S.▪ Merge onto I-475S via Exit 177 toward Valdosta.▪ Merge onto I-75S.▪ Take Exit 64 for US-41 toward I-75/Tifton/ABAC.▪ Turn left on GA 7-S.▪ Turn left at W 20th Street.
DIRECTIONS FROM AUGUSTA:	<ul style="list-style-type: none">▪ From Laney Walker Blvd continue to follow GA-4 S.▪ Turn right onto GA-88 W/Jefferson Davis Memorial Hwy.▪ Continue to follow GA-88 W until GA-88 W becomes GA-24 W.▪ Turn left onto GA-22 W/GA-24 W.▪ Stay straight to go onto E Hancock St/GA-49. Continue to follow GA-49 SW.▪ Turn left onto Gray Hwy/US-129/GA-11/GA-22/GA-49. Continue to follow US-129/GA-11/GA-49.▪ Merge onto I-16 W toward I-75/Atlanta.▪ Merge onto I-75 S via the exit on the left toward Valdosta.▪ Take Exit 64 for US-41 toward I-75/Tifton/ABAC.▪ Turn left on GA 7-S.▪ Turn left at W 20th Street.

THINGS TO DO

AREA INFORMATION	<ul style="list-style-type: none">❖ Tifton Chamber of Commerce: http://tiftonison.com/chamber-connections❖ Tifton Newspaper: http://tifongazette.com/local❖ Tifton Government Site: http://tifton.net/❖ Things to do in Tifton: http://www.americantowns.com/ga/tifton-things-to-do❖ Southwest GA News: http://www.mysouthwestga.com/❖ Fitness Facilities:<ul style="list-style-type: none">▪ http://www.tiftareaymca.org/▪ http://www.manta.com/c/mmypw95/heavenly-fit▪ http://www.anytimefitness.com/en-us/locate/search/31794▪ http://www.getfave.com/ga/tifton/q/fitness
-------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

WHAT TO KNOW BEFORE YOU ARRIVE

WHAT TO BRING	<ul style="list-style-type: none"> ▪ all bedding for twin bed (sheets, pillows, etc.) ▪ towels and washcloths ▪ toiletry items ▪ toilet paper, paper towels, napkins ▪ hangers 	<ul style="list-style-type: none"> ▪ cell phone ▪ laptop ▪ laundry detergent ▪ kitchen trash bags ▪ food and beverages
APPLIANCES PROVIDED	<ul style="list-style-type: none"> ▪ washer and dryer ▪ refrigerator/ freezer ▪ stove /oven ▪ toaster 	<ul style="list-style-type: none"> ▪ coffee maker ▪ iron/ironing board ▪ vacuum cleaner
SUPPLIES PROVIDED	<ul style="list-style-type: none"> ▪ pots, pans and cookie sheet ▪ dishes ▪ glasses ▪ eating utensils 	<ul style="list-style-type: none"> ▪ serving utensils ▪ pot holder ▪ cleaning supplies
SERVICES PROVIDED	<ul style="list-style-type: none"> ▪ wireless internet access ▪ You are responsible for cleaning up after yourself. There is limited cleaning service provided by the hospital. Please be courteous to your roommates and keep your belongings picked up. 	
LAUNDROMATS	<ul style="list-style-type: none"> ▪ Rigdon's Coin Operated Laundry, 310 West 12th Street, 229-387-8200 ▪ B&B Laundry, 2735 Highway 41 South, 229-388-6410 ▪ Clean Scene Laundry, 181 Virginia Avenue, 229-388-0920 	

DEPARTURE INFORMATION

CHECK OUT INSTRUCTIONS	<ul style="list-style-type: none"> ▪ Clean out ALL of your items from the refrigerator and pantry. ▪ Remove ALL trash from the apartment and place in outside garbage receptacle in garage. Trash pick-up is on Thursday mornings. ▪ A vacuum, broom, dustpan, mop, and other cleaning supplies are provided for you to use. ▪ Do not move furniture from room to room. ▪ If you are the last person to leave the apartment, please set the thermostat to a reasonable temperature and turn off all lights. ▪ Lock all windows and exterior doors. ▪ If an incoming student reports that the room is dirty upon his or her arrival, then you will be responsible for a \$75 cleaning fee and barred from SOWEGA-AHEC housing for the rest of the academic year. ▪ Return key to Security Office at Tift Regional Medical Center.
-------------------------------	-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------



Thank you!
*We hope you have a great experience training
in southwest Georgia.*