

Motivational Interviewing Training Webinar Series FREE Nursing CE



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Foundations of Motivational Interviewing: Building Blocks for Change **Registration: <https://sowega-ahec-MI1.eventbrite.com>**

- Identify the foundations of MI including Principles, Spirit and Process
- Explain the core skills of MI including open-ended questions, affirmations, reflections, and summarizing

Motivational Interviewing in Healthcare: An Evidence Based Approach for Providers

Registration: <https://sowega-ahec-MI2.eventbrite.com>

- Explain the relationship between MI and the Stages of Change
- Choose appropriate MI strategies to avoid the “righting reflex” and other traps when promoting patient change
- Describe Brief Action Planning (BAP) and its application in patient self-management
- Identify empirical support for MI in the research literature

Applied Motivational Interviewing: Putting It All Together

Registration: <https://sowega-ahec-MI3.eventbrite.com>

- Identify how different clinical tools can be used to help a patient move towards change
- Identify how core MI principles, processes, and skills using case studies
- Develop a plan for how to integrate MI into clinical practice

Target Audience

Primary Care Providers, Nurse Practitioners, Nurses, Allied Health Professionals, Public Health Providers, Healthcare Professional Students, and Community Health Related Organization Representatives

Educational Hours

The Georgia Board of Nursing deems Southwest Georgia Area Health Education Center (SOWEGA-AHEC) as an approved provider for nursing continuing education (CE). Each CE activity awards 1.0 hour towards the continuing education competency requirement for Georgia nurse licensure renewal. No partial credit offered.

Activity #2022-02; #2022-03; #2020-04 Nursing CE expires 02.01.2024

Submission of evaluation/post-test (75% or better) required for CE certificates.